



## EXPLORIFY EXPEDITIONS TOUR

# Soul of the Andes

Embark on a comprehensive 21-day journey through Peru, a vibrant South American destination. Beginning in Lima, the cultural hub, your adventure unfolds, passing Paracas, Nazca, and Arequipa en route to Cusco. Marvel at condors soaring over Colca Canyon, trace the ancient Inca trade route on the iconic Inca Trail leading to the mesmerizing Machu Picchu. Immerse in local life on Lake Titicaca's floating islands. With a knowledgeable local guide to lead the way and ample freedom to customize your experience, don't miss the chance to immerse yourself in Peru's allure.

## Day-By-Day Itinerary

**LIMA → PARACAS → NAZCA → AREQUIPA → CUSCO → PUNO → LA PAZ**


<b>Day 1</b>	Arrival to Lima	<b>Day 7</b>	Colca Canyon	<b>Day 15</b>	Sacred Valley / Cusco
<b>Day 2</b>	Lima	<b>Day 8</b>	Arequipa	<b>Day 16</b>	Cusco
<b>Day 3</b>	Paracas	<b>Day 9</b>	Arequipa - Overnight Bus to Cusco	<b>Day 17</b>	Puno - Lake Titicaca
<b>Day 4</b>	Nazca	<b>Day 10</b>	Cusco	<b>Day 18</b>	Puno
<b>Day 5</b>	Arequipa	<b>Day 11-13</b>	Inca Trail / Quarry Trail / Train option	<b>Day 19</b>	Puno
<b>Day 6</b>	Arequipa	<b>Day 14</b>	Inca Trail / Quarry Trail / Train option and Machu Picchu / Ollantaytambo	<b>Day 20-21</b>	La Paz

## Detailed Itinerary

### Day 1: Arrival to Lima

Begin your 15-day journey in the coastal capital. Meet your fellow travelers and take a walking tour of vibrant Miraflores, followed by optional dining to savor Peru's iconic dish, ceviche.

 **Overnight:** Lima


 **Meals:** There are no meals included on this day.



### Day 2: Lima

Take a half-day walking tour of Lima's historic center. Explore Plaza Mayor, the Cathedral, San Francisco Monastery, and more. Afternoon free for exploration or relaxation.

 **Overnight:** Lima

 **Meals:** Breakfast



### Day 3: Paracas

Explore Lima's historic center, with visits to significant sites like Plaza Mayor and San Francisco Monastery. Then, venture to Paracas, known for its stunning natural beauty.

 **Overnight:** Paracas

 **Meals:** Breakfast



### Day 4: Nazca

Experience Islas Ballestas' abundant wildlife, followed by a visit to the enigmatic Nazca Lines. Discover the mysteries of this archaeological marvel.

 **Overnight:** Nazca

 **Meals:** Breakfast



## Day 5: Arequipa

Travel to Arequipa, a captivating city at the foot of El Misti Volcano. Wander its baroque buildings and quaint streets.

 **Overnight:** Arequipa

 **Meals:** Breakfast



## Day 6: Arequipa

Dive deeper into Arequipa's charm with a local guide. Explore the main plaza, Santa Catalina Monastery, and San Ignacio Chapel.

 **Overnight:** Arequipa

 **Meals:** Breakfast



## Day 7: Colca Canyon

Morning drive to Chivay (5-hour drive). Scenic stops en route. Option to visit local baths or enjoy live music.

 **Overnight:** Colca Canyon

 **Meals:** Breakfast



## Day 8: Arequipa

Morning visit to Colca Canyon, observe Andean condors. Afternoon return to Arequipa.

 **Overnight:** Arequipa

 **Meals:** Breakfast



## Day 9: Arequipa - Overnight Bus to Cusco

Morning visit to Colca Canyon, observe Andean condors. Afternoon return to Arequipa.

 **Overnight:** Arequipa

 **Meals:** Breakfast





## Day 10: Cusco

Enjoy a free day in Cusco to explore museums and archaeological sites using your boleto turistico.

 **Overnight:** Cusco

 **Meals:** Breakfast



## Day 11-14: Inca Trail / Quarry Trail / Train option and Machu Picchu / Ollantaytambo

Depending on chosen route, trek the Inca Trail, Quarry Trail, or take a train to Aguas Calientes. Visit Machu Picchu.

 **Overnight:** Cusco


 **Meals:** Breakfast, lunch and dinner



## Day 15: Sacred Valley - Cusco

Journey through the Sacred Valley, stopping at Sacsayhuaman fortress. Visit a community, learn about local life, and proceed to Cusco

 **Overnight:** Cusco

 **Meals:** Breakfast and lunch



## Day 16: Cusco

Delve into Cusco's offerings or engage in optional activities like mountain biking.

 **Overnight:** Cusco

 **Meals:** Breakfast




## Day 17: Puno/Lake Titicaca

### Homestay

Discover Lake Titicaca's spiritual significance on a boat tour. Explore Uros Titinos' floating islands and visit Taquile Island's weaving community.

 **Overnight:** Puno

 **Meals:** Breakfast, Lunch, Dinner



## Day 18: Puno

Pay a visit to the ruins of Sillustani, and experience the fusion of Aymara and Quechuan culture.

 **Overnight:** Puno Homestay

 **Meals:** Breakfast, lunch, dinner.



## Day 19: Puno

In the morning, take a boat to Taquile Island known for its knitted goods. Men knit, women spin. Trek uphill 1 hour, explore, descend 500 steps, return to Puno (3 hours), free time rest of day.

 **Overnight:** Puno

 **Meals:** Breakfast



## Day 20: La Paz

Around 7 am, take a local bus to Desaguadero (about 3 hours), crossing into Bolivia. Transition to your Bolivian leader, exit the bus for Peruvian migration, cross the bridge, submit passports at Bolivian office, and continue to La Paz by bus. An additional document check takes place 30 minutes into Bolivia. The trip to La Paz is 6-9 hours. In the evening, consider an optional group dinner to unwind.

 **Overnight:** La Paz

 **Meals:** Breakfast



## Day 21: Departure from La Paz

Your 21-day adventure concludes in La Paz after breakfast.

 **Meals:** Breakfast



### Upgrades Available:

★ ★ ★	★ ★ ★ ★	★ ★ ★ ★ ★
Hotel 1*	Hotel 2*	Hotel 3*

### Included:

- Meals: 20 breakfasts, 5 lunches, 4 dinner
- Accommodation: Camping (with basic facilities) (3 nights), Homestay (1 night), Hotel (15 nights), Overnight bus (1 night)
- Transportation: Train, Private vehicle, Public bus
- Included activities:
  - Lima - Leader-led walking tour
  - Colca Canyon - Guided tour
  - Colca Canyon Condor Visit
  - Cusco - Leader-led orientation walk
  - 3 Night/4 Day Inca Trail (or 2 Night/3 Day Inca Quarry Trail) guided hike(s) with porters' support. Or guided Cusco stay (Machu Picchu by train)
  - Machu Picchu - Entrance & Guided visit
  - Sacred Valley - Community visit & lunch
  - Lake Titicaca - Boat tour & Homestay

### Not Included:

- Flights
- Extra meals
- Tips
- Extra activities



\*For Hotel information and upgrades, kindly reach us at [info@explorifyexpeditions.com](mailto:info@explorifyexpeditions.com).

Please note that activities listed are subject to change. For the latest itinerary updates and customizations, email [info@explorifyexpeditions.com](mailto:info@explorifyexpeditions.com).